



**News Release**

**For immediate release**

April 4, 2006

**Latest GliSODin research presented at NNFA East Education Day, including skin protection against of UV damage and quality of life benefits**

Paul Flowerman, president of P. L. Thomas (PLT), presented the latest research on GliSODin® at the Second Annual NNFA East Education Day, Monday, April 3, 2006, in Washington, DC.

NNFA East Education Day is an opportunity for interested retailers to learn about the latest research supporting nutritional supplements. NNFA East is a non-profit organization representing 12 Eastern states and dedicated to the natural products industry.

The vitally important role of SOD in the promotion of antioxidant defenses has been known since 1968. However, SOD levels can decrease with significant health challenges, physical stress, and exposure to environmental pollution. Moreover, population studies indicate that the level of the antioxidant defenses decrease with age.

GliSODin is the only SOD supplement that is proven orally effective. GliSODin activates the most effective antioxidants known, the body's own internal antioxidant defense system: superoxide dismutase (SOD), Glutathione Peroxidase (Gpx) and catalase (Cat). This results in an increase in the body's capacity to handle and recover from oxidative stress.

The latest clinical research was presented at NNFA. The studies include protection of mitochondrial DNA from induced oxidative stress, inhibition of photo-oxidative stress caused by the sun (including sun allergy) and UV radiation, the inhibition of lactic acid accumulation under exercise, the restoration of normal levels of SOD in immune-compromised individuals, and positive effects on other significant markers of oxidative stress.

According to presenter and PL Thomas president Paul Flowerman, “GliSODin increases the body’s capacity to deal with many manifestations of oxidative stress, some of which heavily impact on quality of life. This has been demonstrated in clinical trials, with the results published in peer-reviewed scientific journals or presented at scientific conferences. An active research program continues to clarify and quantify the benefits of this dietary supplement.”

Please visit <http://www.glisodininfo.com> for more information and links to GliSODin research.

PL Thomas, a New Jersey-based ingredient supplier, offers fifty years of innovation in securing reliable, high quality raw materials for the food/functional food and nutrition industries. PLT is a one-stop resource for application solutions, current industry information and technical service, and specializes in water-soluble gums and clinically-supported botanical extracts.

For more information, contact Eric Anderson at 973-984-0900, x215 or email [eric@plthomas.com](mailto:eric@plthomas.com)

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